

# Carla Van Rooijen

Oceanus triathlon team

## 05:28:09

Tiempo Oficial

### 44<sup>a</sup>

Pos. General  
Half

### 3<sup>a</sup>

Pos. Género  
Femenino

### 1<sup>a</sup>

Pos. Categoría  
GE 50 - 54 Fem

|      | T. Split | Tiempo   | Ritmo      |
|------|----------|----------|------------|
| SWIM | 00:44:22 | 00:44:22 |            |
| T1   | 00:01:53 | 00:46:15 |            |
| BIKE | 02:58:11 | 03:44:27 | 30.30 km/h |
| T2   | 00:01:04 | 03:45:31 |            |
| RUN  | 01:42:38 | 05:28:09 | 4'53"/km   |