

# Paco Garrido

TRIASME

**02:55:51**

Tiempo Oficial

**113°**Pos. General  
Olympic**103°**Pos. Género  
Masculino**12°**Pos. Categoría  
GE 50 - 54 Masc

|      | T. Split | Tiempo   | Ritmo      |
|------|----------|----------|------------|
| SWIM | 00:32:14 | 00:32:14 |            |
| T1   | 00:02:29 | 00:34:44 |            |
| BIKE | 01:30:16 | 02:05:01 | 26.58 km/h |
| T2   | 00:01:31 | 02:06:32 |            |
| RUN  | 00:49:19 | 02:55:51 | 5'14"/km   |